

PRIVATE INFRARED SAUNA SUITES



INFRARED SAUNA + RED LIGHT THERAPY

*Your personal escape*



RELAX  
THE MIND



DETOX  
THE BODY



BURN  
CALORIES



RECOVER  
FASTER



BOOST  
IMMUNITY



REJUVENATE  
SKIN



IMPROVE  
SLEEP

RECOVER FASTER, DETOX THE BODY, RELAX THE MIND & MORE WITH SCIENCE BACKED WELLNESS

GET YOUR FIRST FORTY-MINUTE  
SAUNA SESSION FOR ONLY \$20

THREE CONVENIENT DES MOINES AREA  
LOCATIONS

ANKENY, WAUKEE, WEST DES MOINES





## NEW GUEST OFFER

Get an **exclusive discount** on your first Perspire IR sauna experience - **first session is only \$20!**

**GET OFFER & BOOK YOUR FIRST SESSION  
CONVENIENTLY ON OUR APP - SEARCH 'PERSPIRE' IN  
YOUR APP STORE**



### PERSPIRE SAUNA STUDIO WEST DES MOINES

140 Jordan Creek Parkway, Ste 155  
West Des Moines, IA 50266  
515.221.8464

### PERSPIRE SAUNA STUDIO WAUKEE

505 Hickman Road, Ste 140  
Waukee, IA 50263  
515.512.4121

### PERSPIRE SAUNA STUDIO ANKENY

1510 North Ankeny Blvd, Ste 103  
Ankeny, IA 50023  
515.221.8425



Visit website to get offer

[WWW.PERSPIRESAUNASTUDIO.COM](http://WWW.PERSPIRESAUNASTUDIO.COM)